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## Endoscopic Sleeve Gastroplasty (ESG) Now Recognized As An ASMBS Endorsed Procedure

Dear ASMBS Members,

I am pleased to report that after a careful review and deep analysis of the clinical evidence, robust discussions on the pros and cons of the procedure, and member feedback, the American Society for Metabolic and Bariatric Surgery (ASMBS) has added **Endoscopic Sleeve Gastroplasty (ESG)** to its list of approved procedures.

The majority of ASMBS members who responded during the comment period favored approval, and the majority of the ASMBS Board of Directors agreed, granting the endorsement for carefully selected patients in a comprehensive, multidisciplinary obesity treatment program, ideally at an MBSAQIP-accredited center. Accredited centers will submit procedure data to MBSAQIP, which will add to the knowledge base surrounding the procedure and help ensure its appropriate use.

We have developed a [frequently asked questions \(FAQ\) page](#) that further details our position, summarizes member comments, describes the procedure, shows how ESG fits into comprehensive obesity care, and explains how the endorsement benefits both ASMBS members and patients.

In short, while ASMBS does not consider the ESG equivalent to metabolic and bariatric surgery (e.g., sleeve gastrectomy, gastric bypass) when it comes to expected weight loss or metabolic impact, it does fall within a treatment continuum that includes lifestyle therapy, obesity management medications (OMMs), and metabolic and bariatric surgery and should be available to patients through bariatric and metabolic surgeons.

We know that with any procedure, there are potential downsides, and some members have expressed those concerns. The ASMBS Board of Directors has heard them and has addressed them within our endorsement and ongoing evaluation plans.

We have entered a new era of obesity treatment. More options than ever are available, and both health professionals and potential patients need help navigating the new landscape. No patient should be left behind.

As a leader in the field, ASMBS is committed to ensuring the safe and appropriate use of all procedures and treatments, and this endorsement helps ensure the highest standards and quality requirements are applied to ESG as they are to other obesity interventions.

We encourage you to review the [FAQ](#) and the [ASMBS Endorsed Procedures and FDA-Approved Devices page](#) on the ASMBS website.

Thank you for your continued dedication to improving the lives of people affected by obesity. Please contact [asmbspresident@asmbs.org](mailto:asmbspresident@asmbs.org) with any questions.

Sincerely,

**Richard Peterson**

**MD MPH FACS FASMBS DABS-FPMBS**

President, American Society for Metabolic and Bariatric Surgery

**ASMBS ENDORSED PROCEDURES AND FDA-APPROVED DEVICES**



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