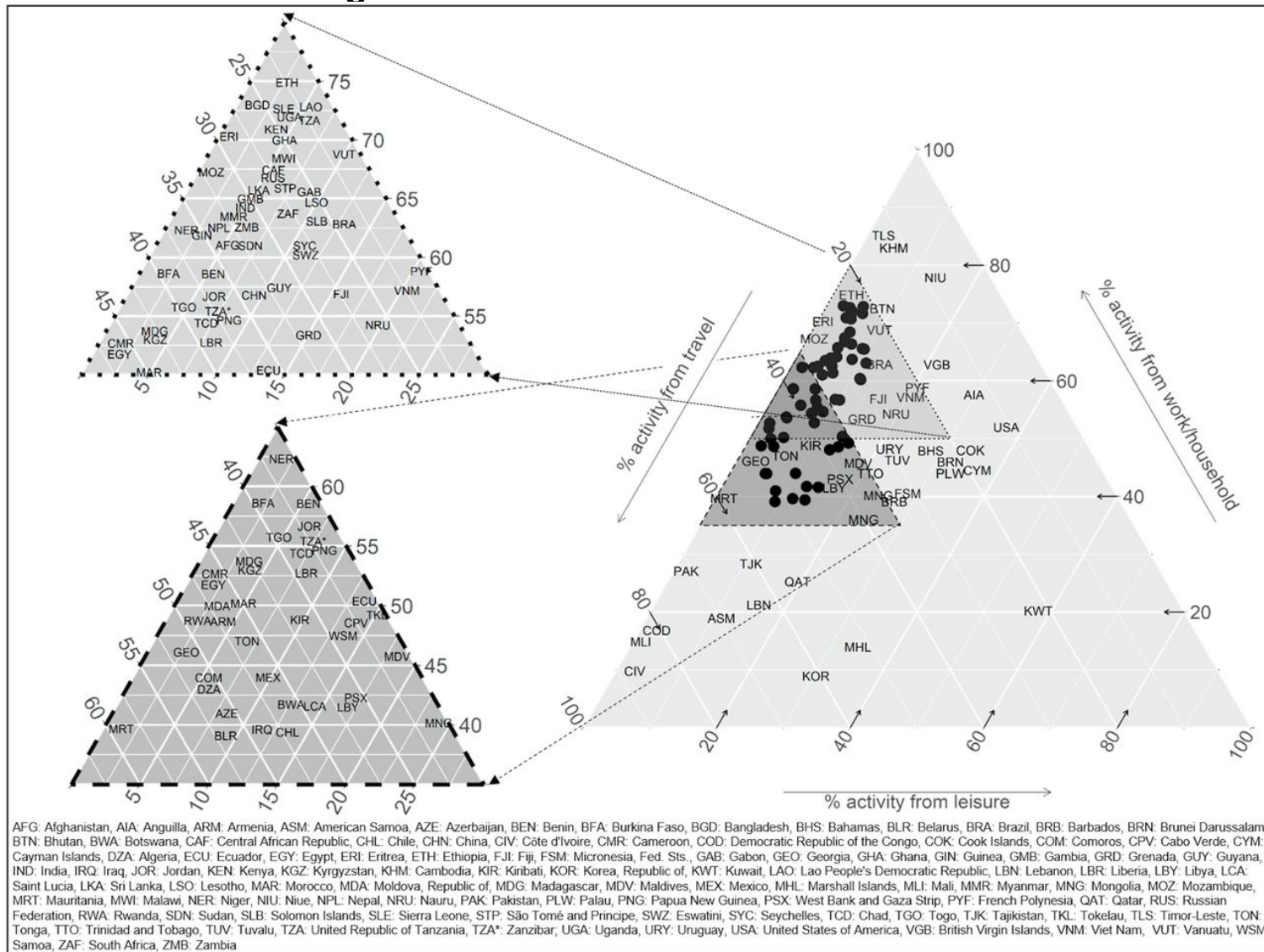


Ternary plot of the relative contributions of work/household, travel and leisure moderate-to-vigorous physical activity (MVPA) to total MVPA. Mean relative contributions should be read following the direction of the arrows for each axis.



Tessa Strain et al. Br J Sports Med 2020;54:1488-1497