

CLASS AND DRUG	BRAND NAME	FORM	FREQUENCY	GENDER
Antiresorptive Agents :				
Mechanism of action: Slow or inhibit bone breakdown. This favors continuous depositing of new bone on top of the existing scaffold structure(s)				
Bisphosphonates- They slow down the bone resorption (breakdown) by ending to the surface of the bone				
Alendronate	Fosamax®,	Oral	Daily/Weekly	Women & Men
Alendronate	Binosto®	Oral	Weekly	Women & Men
Ibandronate	Boniva®	Oral, IV	Monthly, or Every =3	Women
Risedronate	Actonel®	Oral	Daily/Weekly/ Twice Monthly/Monthly	Women & Men
Zoledronic Acid	Reclast®	IV	yearly	Women & Men
RANK ligand (RANKL) inhibitor- They Block a particular receptor to prevent bone breakdown				
Denosumab	Prolia™	Injection	Every 6 Months	Women & Men
Calcitonin - Think of this as Anti-Parathyroid Hormone. It occurs naturally to regulate the absorption of the Calcium, phosphorus and bone structure				
Calcitonin	Fortical®, Miacalcin®	Nasal spray	Daily	Women
Calcitonin	Miacalcin®	Injection	Varies	Women
Estrogen* (Hormone Therapy)				
Estrogen	Multiple Brands	Oral (tablet)	Daily	Women
Estrogen	Multiple Brands	Transdermal (skin patch)	Twice Weekly/Weekly	Women
Estrogen Agonists/Antagonists also called selective estrogen receptor modulators (SERMs)				
Raloxifene	Evista®	Oral (tablet)	Daily	Women
Tissue Specific Estrogen Complex (TSEC)				
Estrogen/Bazedoxifene	Duavee®	Oral (tablet)	Daily	Women
Anabolic Agents				
Sclerostin Inhibitor				

Romosozumab-aqqg	Evenity	Injection	2 injections once monthly for 12 months	Women
Parathyroid Hormone (PTH) Analog				
Teriparatide	Forteo®	Injection	Daily	Women & Men
Parathyroid Hormone-Related Protein (PTHrp) Analog				
Abaloparatide	Tymlos	Injection	Daily	Women
Source : https://www.nof.org , Table modified				